

Surgical Hand Disinfection

Preparation

Remove jewelry.
Only wash hands if they are visibly soiled;
use a mild wash lotion.

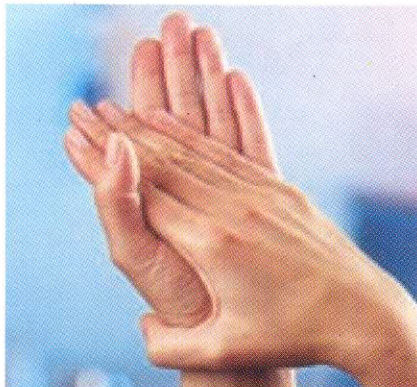
Remove debris from underneath fingernails using a
nail cleaner.
Dry hands thoroughly with a disposable towel.

Surgical hand disinfection

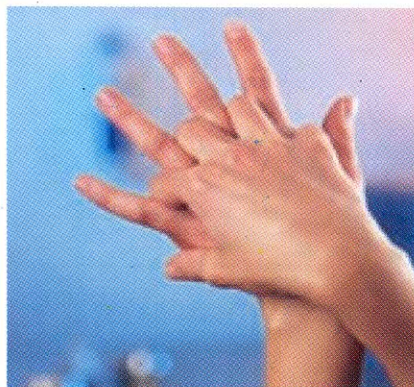


Dispense Sterillium® into hand (use elbow to actuate lever) and wet hands and forearms.
Rub Sterillium® into hands and forearms for 1.5 minutes. (approx 9 ml of Sterillium®)
Hands and forearms should remain moist during entire application time.

Keep hands above elbow level.
Follow the standard rub method according to EN 12791 in order to avoid gaps.
Put gloves onto completely dry hands.



1st step:
Palm to palm.



2nd step:
Palm of right hand over back of left hand and palm of left hand over back of right hand.



3rd step:
Palm to palm with fingers interlaced.



4th step:
Back of fingers to opposing palms with fingers interlocked.



5th step:
Rotational rubbing of right thumb clasped in left palm and vice versa.



6th step:
Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa.



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